



Miami-Dade County Public Schools  
**School Wellness/Healthy School Team Committee Action Plan**

School Name & Location Number:	Royal Green Elementary
Principal:	Carlos A. Diaz
Phone Number:	(305) 221-4452
School Wellness/Healthy School Team Leader:	Yvonne Gonzalez, Media Specialist
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	<ul style="list-style-type: none"> <li>• Students- Amanda Hernandez and Alessia Cruz</li> <li>• School administrators- Carlos Diaz, Principal and Martha Ortega, Assistant Principal</li> <li>• School Food Service Manager- Morayma Cortes</li> <li>• Parent- Sophia Hernandez</li> <li>• Physical Education Teacher- Francisco Rodriguez</li> <li>• School Volunteer- Hilda Mora</li> </ul>
Committee Meeting Dates:	August 14, 2024 November 13, 2024 January 15, 2025 March 12, 2025
<b>ACTION PLAN</b>	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input type="checkbox"/> Health and Nutrition Literacy <input type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p><b>Nutrition:</b></p> <ul style="list-style-type: none"> <li>• Encourage students to eat free breakfast especially during testing season.</li> <li>• Promote healthy eating habits that help kick start your day.</li> <li>• Provide healthy snacks to staff during faculty meetings.</li> </ul> <p><b>Physical Education:</b></p> <ul style="list-style-type: none"> <li>• Power Point presentation on the importance of healthy nutrition and fitness.</li> </ul>

	<p><b>Physical Activity:</b></p> <ul style="list-style-type: none"> <li>• Students participate in a Nutri-Play Healthy Game involving the four major food groups.</li> </ul>
Sustainability Practices:	<ul style="list-style-type: none"> <li>• Encourage the importance of a healthy lifestyle via morning announcements.</li> <li>• Encourage the use of reusable water bottles.</li> <li>• Promote recycling projects throughout the year.</li> </ul>
Community Engagement:	<ul style="list-style-type: none"> <li>• Promote wellness through social media platforms.</li> <li>• Increase business partnerships in the local area through events such as career day and guest speakers.</li> </ul>
Monitoring and Evaluation:	<ul style="list-style-type: none"> <li>• Committee sign in sheets</li> <li>• Advertise wellness awareness earlier in the school year.</li> </ul>
<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	<ul style="list-style-type: none"> <li>• Parent night fundraiser will focus on wellness and healthy eating options.</li> <li>• Family night at Urban Air for fitness challenge</li> </ul>